

SAFE HARBOR

Intake Packet

13513 Division Street
CHARLEVOIX, MI 49720
For availability or intake questions, Please Call (231) 547-4085
Or visit us on the web @
www.chxsharp.com

PLEASE FAX OR EMAIL ALL COMPLETED INTAKE INFORMATION TO: 231-547-7256

OR mcleanj@charlevoixcounty.org

THIS PACKET MUST BE COMPLETED AND RETURNED PRIOR TO THE YOUTH BEGINNING THE PROGRAM:

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SAFE HARBOR ADOLESCENT RECOVEY PROGRAM CHECKLIST

SAFE HARBOR Referral packet completed.
Copy of psychological testing and reports if available.
Copy of Psychiatric testing and reports if available.
Copy of Substance Abuse Assessments and reports if available.
(For Court referrals only) Court order placing youth in program.
The order shall also include 15 days of Non-Secure Detention and 15 days of Secure Detention and 15 days of Day Treatment all held in abeyance to be used at the discretion of Safe Harbor Adolescent Recovery Program staff. Prior authorization will be received from the referring court prior to use of any days held in abeyance should sanctions be required. Any and all costs incurred by these sanctions are not included in the daily per diem rate but will be billed to the referring county on a monthly basis.
Copy of up-to-date Immunization Records.
Copy of insurance card; front and back.
Parent signatures on all enclosed Intake packet forms.
IEP (if applicable)
Copy of Birth Certificate (required for school enrollment)
Copy of youths Social Security Card
Copy of unofficial transcript from last school attended

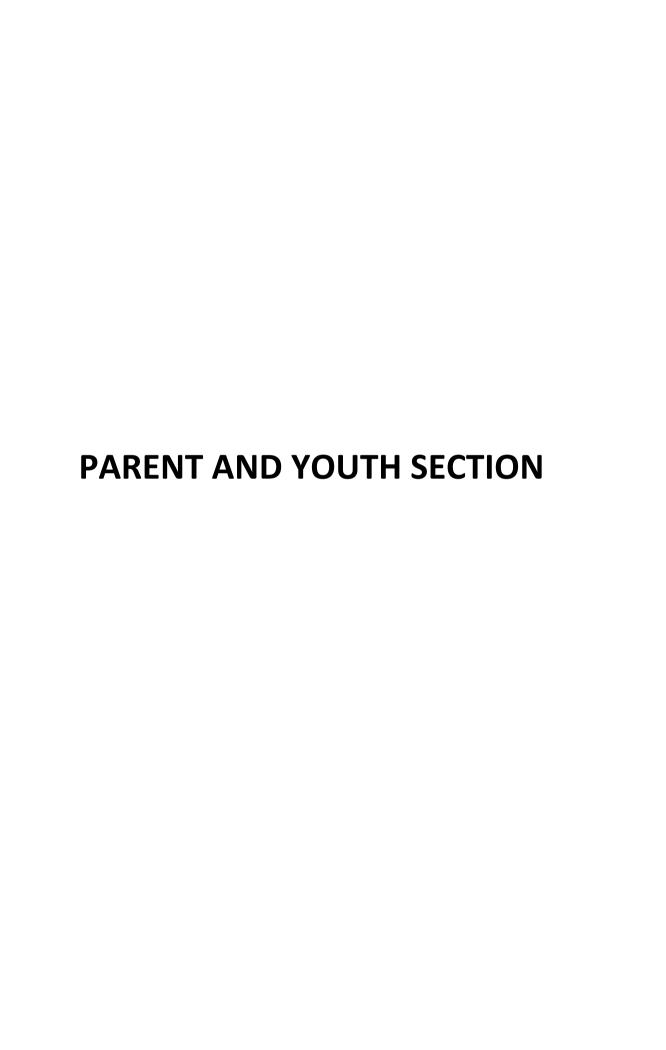
PURCHASE OF SERVICE AGREEMENT

Foster Care

, hereinafter called "Placement Agency", enters into the following agreement, dated this day of, Year for the purchase of service
with Safe Harbor Adolescent Recovery Program, hereinafter called "Provider" with principal office ocated at 13513 Division Street, Charlevoix, MI 49720 for:
Youth's Name: DOB:
The Placement Agency agrees to the following:
 Pay for care and treatment at a current per diem of \$160.00 and issue payment within thirty (30) days from receipt of Provider's invoice. Payment will be submitted for day of admission, but not for day of discharge. This agreement is not subject to per diem changes without expressed written approval by all parties. Submit to Provider a family and social summary; medical history including medical assistance and/or insurance information; school information; and any professional evaluation information.
➤ Provide payment for days' youth is on home visit, not to exceed 5 (five) days.
The Provider agrees to the following:
Submit billing invoices by the tenth (10th) of each month. Invoice must include the billing month, youth's full name, youth's admit and discharge dates, number of days' services provided for each youth, current per diem, cost extension of each youth, and a total amount for the entire invoice.
 Document, negotiate, and settle billing discrepancies within 90 days. Placement Agency will not honor invoices submitted for services rendered greater than 180 days. Furnish food, shelter, basic care, clothing, personal incidentals, general and special education, and routine health, medical, optical and dental care. Extraordinary medical expenses must be pre-approved by the Placement Agency.
➤ Provide social work services; group, individual and family counseling; transportation; tutoring; and recreational activities.
Develop an initial child service plan in conjunction with the youth, family and assigned juvenile probation officer which outlines goals, anticipated length of stay, treatment objectives and other general plans within 45 days of placement. A copy shall be provided to the assigned juvenile probation officer.
 Provide monthly detailed written progress reports to the assigned juvenile probation officer. Provide a discharge summary, including school transcripts, within I O working
 days following notification of discharge. Agree to discontinue billing after 24 hours of youth absenting him/herself ("runaway"); and resume billing upon mutual agreement of youth's return.
Authorizing officials printed name Title

Date

Signature



SAFE HARBOR/Harbor Hall Program

Service Participation Consent and Contract for Services

Hall. I understand that the servi	ces I will receive o treatment have	nereby acknowledge that with by SAFE HARBOR/Harbor Hall ha e also been explained. I also unde the following:	s been explained to my	satisfaction. The
1) I will hold Harbor Hall, its age injury while I am on or about the		employees free from all liability f	or losses through fire,	theft or personal
2) I agree to cooperate with all a therapy as prescribed by staff.	issessments, gro	ups, individual therapy, didactic p	resentations, recreatio	nal and other
		ed treatment at Harbor Hall, I am be residing with while in treatme		nduct, recovery, an
4) I understand that I am respon	sible for my owr	n physical and mental behavior wl	nile in treatment.	
Youth Signature	Date		Date	
Parent Acknowledgemer	nt and Conse	nt		
I,above items and give my conser		ne parent, guardian or legal custo on in the SAFE HARBOR/Harbor Ha		or, acknowledge the
Parent or Guardian Signature	Date		Date	
Parent or Guardian Signature	Date			

CONSENT FOR EMERGENCY/MEDICAL/DENTAL TREATMENT

I hereby authorize the Director, or in his absence his appointed designee of Safe Harbor Adolescent Recovery Program, to consent to any treatment deemed necessary on behalf of my child. In addition, I give permission for my child to receive health screening, immunization(s), tuberculin testing, and blood testing as needed. Such authorization will remain in effect while my child is in the program.

I do also hereby assume responsibility for expenses incurred as a result of said treatment.

FIRST	MIDDLE	LAST (participant's name)
Parent or Guardian's name		Date
Parent or Guardian's Signature		SSN:
Address	City, State, Zip	
Home Phone Number	Cell Phor	ne Number
Name of Employer		Phone:
Address	City	StateZip
In the event that I cannot be reached,	nrogram personnel	are authorized to contact:
in the event that I cannot be reached,	program personner	are authorized to contact.
Name:in making any decision regarding my		, who will act on my beha

Youth Information

Education History

School (current enrollment):			Grade:
Address			
chool:		State	Zip
City:		_	
hone <u>(</u>) -		Fax <u>: (</u>	
oes the client have a current o		•	
/ES, PLEASE PROVIDE US WITH	I A COPY OF THE CLIENT'S	S MOST RECENT EVALUA	ATION.
Personal Interests / Hobbies (in	clude list of hobbies and	interests and changes if	noted):
mployment History			
Employer	Length	Position	Outcome
2			
2 3			

Parental Information			
Bio/adopted-Mother		Bio/adopted-Father	
D.O.B		D.O.B	
Address		Address	
City	State	City	State
Zip		Zip	
Phone ()		Phone (
Step-Mother		Step-Father	
D.O.B		D.O.B	
Address		Address	
City	State	City	State

Zip_____

Phone (_____)___-__

Zip_____

Family History

- include names & ages of immediate and extended family members
- indicate which members are in the household of residence
- note history of mental illness, major medical problems, and/or alcohol/drug abuse and/or concerns

Family member	Relation	Age	. In	Medical		Drug	Alcohol
			house	Problems	iliness	abuse	abuse
1	Bio-Dad						
2	Bio-Mom						
3	Step-Dad						
l	Step-Mom						
5							
5							
7							
3							
Medical History							
nsurance Provider:				Policy	/#:		
Primary Care Provider/Doct	or:					Last visit	:
Address:							
Dentist:						Last visit	:
Address:							

Medical Diagnoses:					
1			2		
3			4		
Medical information ALLERGIES (Rx, food, environment)	•				
Current Medication	Dosage	X per day		Prescriber (Dr) / Address	
3					
5			<u> </u>		
6					
7					
8					

Please have the parent and/or teen complete past, any of the following conditions. If "yes,"	this form, checking "yes" if the teen currently has, or had in the
Yes No	picuse provide details.
Ever hospitalized?	
Had any operations?	
Accidents or broken bones? Under the care of a doctor in t	he last nine months (Dr. name / diagnosis)?
	Te lase lime mentals (en manne) alagnosis,
Asthma/Wheezing	Frequent colds, sore throats, ear aches
Tuberculosis	Fatigue/tiredness
Meningitis	Eating disorder
Diabetes	Anemia
Seizures/Epilepsy	Pneumonia
Ulcers	Heart trouble
Headaches	Kidney Infection
Bone/joint problems	Strep Throat
Skin problems	Depression / Anxiety
Speech problem	Stomach pain
Trouble sleeping	Eye trouble / Glasses
Physical Limitations	Hearing trouble
Teeth/Dental problems	Urine symptoms
Bowel Movement Problems	Suicide attempt
Menstrual problems, pain, or irregularities	S
Any special diet requirements?	
Vegetarian:	
Vegan: Kosher:	
Gluten-free:	
Other:	

Safe Harbor Adolescent Recovery Program MEMO!

EFFECTIVE IMMEDIATELY!

The following form (WRITTEN CLOSURE – MEDICAID) is included in this packet due to the recent Healthcare changes in processing applications for Medicaid. In order for any youth entering a foster home to have medical insurance coverage through the Medicaid system, the last known custodian of the coverage (generally a parent, grandparent or guardian) MUST SIGN OFF that the child is no longer in their custody (living at their residence) at this time.

This closure will allow the State of Michigan Department of Human Services to enter the youth under the foster parent home and ACTIVATE health insurance coverage for them.

Recently, counties have tried to just adjust the information in an effort to keep the Medicaid case information within their county of residence and we have found that the youth have had their insurance coverage INACTIVATED and coverage DENIED. The foster parents are paying out-of-pocket costs for prescriptions to ensure the youth is receiving the medication as needed and having to bill the court for reimbursement. However, in the future, failure to return the WRITTEN CLOSURE form will VOID any responsibility by the Safe Harbor Adolescent Recovery Program for prescription needs, medical or otherwise, dental needs and vision needs.

Please assist us in providing the best medical services for your child in a prompt and efficient manner. We ask that ALL parents with or without MEDICAID coverage (such as those who have private insurance – BCBS, Priority Health, etc.) also sign the form and return it when submitting the Safe Harbor Adolescent Recovery Program INTAKE PACKET. In the future should we have to apply for Medicaid coverage for any reason we will have the form already on file and be able to apply for coverage promptly. This could be the result of loss of job or change in health coverage (the most common).

REMINDER – WE MUST HAVE CLEAR COPIES OF INSURANCE CARDS (Front and Back). Doctor's offices, Pharmacists, Hospitals and Dental clinics are requesting readable copies of insurance cards and at times denying services or prescription refills until the copy is received.

Thank you,

John McLean

Program Coordinator

Safe Harbor Adolescent Recovery Program

Round Lake High School



ROY C. HAYES III
CHIEF JUDGE
231-547-7243
FAX 231-547-7264
circuitcourt@charlevoixcounty.org



VALERIE K. SNYDER
PRESIDING FAMILY DIVISION JUDGE
231-547-7214
FAX 231-547-7256

RELEASE OF INFORMATION

In the Matter Of:	DOB:	<u> </u>
Parent:	Parent:	
Case No:		
I hereby authorized the Safe Har	bor Adolescent Recovery Program (SAFE HARBOR) to obtain	n the following:
School Records – including acce	ess to Power School – Internet Based Student Records Program	:
School Name	Phone #:	
Parent User ID:	Parent Password:	
Medical records, all agency reco	ords and psychological testing / evaluations including records pr	rotected under
Federal Rule 42 CFR and by the	Michigan Mental Health Code Rule 330.1748 and 330.1750 th	nat pertain to the
above minor/juvenile and / or pa	rents.	
I further understand that SAFE I	HARBOR may release information and/or records obtained to s	ervice providers
as it may be beneficial to the trea	atment or placement of the minor/juvenile.	
Minor/Juvenile:	Date	
Parent/Guardian:	Date	
Parent/Guardian:	Date	
Witness:	Date:	

WRITTEN CLOSURE MEDICAID

To: State of Michigan Department of Hur	man Services	
RE: Name of Minor	DOB:	
Today's date	above mentioned minor no longer resides at my residence cept this notice as written closure for this Medicaid materials.	
Thank you,		
Signature of Parent/Guardian/Custodian		



Safe Harbor Adolescent Recovery Program



Client Release of Information

		IND	ENTIFYING INFOF	RMATIO	N			
TODAYS DATE	FULL NAME				CASE #	ŧ		DATE OF BIRTH
I hereby authorize_								n my clinical record to:
(Lis	t any doctors/faciliti	es that may	have records for you	r son/daug				dolescent Recovery Progr
AFE HARBOR ST			gram Director tant to the Direct	or		3513 Di Charlevo		
			or Hall Counselo					4 Fax: (616) 439-1864
	•	•			`	,		,
								ase, Human Immunodeficiency
								cable disease. It may also g abuse (as permitted by MCL
330.1748, P.A. 258 of 1	974 and 42 CFR Pa	rt 2).						
	SPECI	FIC INFOR	MATION TO BE RE	QUESTE	ED/DISC	LOSED		
☐ Notice of start/rec	eipt of services		☐ Initial Assess	ment		□ Ps	ychiat	tric evaluation
☐ Personal identifyir	ng information		☐ Diagnosis			□ Ps	ychiat	tric notes
Name Age	SSN		☐ Substar	nce abuse)	☐ An	nual a	assessment
☐ Notice of end of set	ervices		□ Dietary asses	sment		□ Ps	ycholo	ogical testing
☐ Physical therapy a	☐ Physical therapy assessment		□ Psychological assessment		nent	□ Ps	ychotl	herapy notes
☐ Occupational thera	apy assessment		☐ Progress notes			□ Me	edicati	ions
☐ Individual plan of	service/treatment	olan	☐ HIV/AIDS/ARC related			□ Fir	nancia	al information
☐ Alcohol/substance	abuse		☐ Physical exar	n				
☐ Educational	Legal							
AB REPORTS TYPE		MEDICAL	INFORMATION		(OTHER		
NOTES								
	PU	RPOSE OF	R NEED FOR REQ	JEST/DIS	SCLOSU	JRE		
☐ Communication \	with primary care p	hysician		□ Billir	g/Paym	ent		
☐ Provision/Continu				☐ Eligibility determination				
☐ MI statewide hon	neless manageme	nt informat	ion system	☐ Evaluation/Assessment				
☐ Coordination of c	are			☐ Emergency contact				
☐ Medication review	V			☐ Aftercare planning				
OTHER								

- I understand that authorizing the request/disclosure of information in my records is voluntary, and that my services will not be affected if I choose not to sign this form.
- I understand that I as the client/parent/guardian who signed this form can request to review or copy the information released/disclosed pursuant to this Authorization as allowed in 45 CFR 164.524, the Michigan Mental Health Code, 42 CFR Part 2, and any other applicable laws, rules and regulations.
- I understand that my information may be re-disclosed without my consent where allowed by law. I also understand that any release/disclosure of information carries with it the potential for unauthorized redisclosure and the information may not be protected by Federal Confidentiality Laws (P.L. 104-191 (HIPAA), 45 CFR Parts 160 and 164).

		Cheffi Release	of Information		
AYS DATE	FULL NAME		CASE#	DATE OF BIRTH	
•	•	·	t any time by verbal or written n o t i c e . ar, or sooner for any one or more of the foll	owing reasons:	
·		л.р.: ee a.te. e.te у e.	an, en economica de la company	eg	
Date: Event:					
Condition:					
ederal confidentiality of the sure is expressly orization for the relimally investigate or ANY RELEASED	ty rules (42 CFR Part 2). The permitted by the written corease of medical or other information or dependent of this confidential information.	ne Federal rules pronsent of the person ormation is NOT sulrug abuse patient. ATION: Pursuan	ELEASED: This information has been dishibit you from making any further disclosur to whom it pertains or otherwise permitted fficient for this purpose. The Federal rules to MCL 330.748(3); MSA 14.800(748) (3) his information to others only to the extent	e of this information by 42 CFR Part 2. restrict any use of the individual or	on unless further A general f the information to
Client Signature		Date	Parent/Guardian/Representative Si	ignature	Date
Witness Signature	•	Date	Second Witness Signature (if telep	hone request)	Date

PARENT PARTICIPATION AGREEMENT

Signature of Parent/Guardian

Safe Harbor Adolescent Recovery Program has, as part of its overall program, a parent component involving parent support. Your participation in the parent support group meetings will enhance your parental and communication skills, allow you to receive feedback on your child's progress in the program, furnish you with information on social problems, and allow you to experience family recreational activities.

I understand that my involvement with my chil- Safe Harbor Adolescent Recovery Program par	d's treatment includes participating and being involved in the rent component.	
Parent Signature	Date	
Parent Signature	Date	
PERMISSION FOR THE USE OF PHOTO	GRAPHS, SLIDES AND/OR VIDEOS FOR FUNDRAISIN	G
	C RELATIONS ACTIVITIES	
with these programs it is helpful to Safe Harbor or video recordings of our staff and clients. Th written permission to Safe Harbor Adolescent I	y Program engages in public relations programs. In connection r Adolescent Recovery Plan to be able to use photographs, slide e purpose of this Permission of Release Form is for you to give Recovery Program to take pictures or video record our clients are activities. If you will grant such permission to Safe Harbor pace provided.	
I, give pe	ermission to Safe Harbor Adolescent Recovery	
use them in connection with Safe Harbor Adole	ecordings photographs, slides, and video recordings of me and t escent Recovery Program fundraising and public relations in connection with Safe Harbor Adolescent Recovery Program	
Signature of Participant	Date	

Date

RECREATIONAL PERMISSION/CONSENT

(Participant's Name)						
I, being the parent/guardian of the above name minor, authorize Safe Harbor Adolescent Recovery Program staff to supervise the recreational activities of the above named child, to permit her/him to attend and participate in all sports, camping, swimming, canoeing, picnics, visits to parks and lakes and any outings the representatives of Safe Harbor Adolescent Recovery Program deem beneficial.						
Adolescent Recovery Program, its agents, employ	ational activities, I also covenant not to sue Safe Harbor yees, servants and any corporation of firm under whose gram exists, on account of or in any way as a result of any n recreational activities.	y				
Signature of Parent/Guardian	Date					
VIDEO SU	RVEILLANCE POLICY					
security of its facilities and foster homes, SAFE I premises at any time, the only exception being premises will be positioned in appropriate places	of Staff, foster parents, youth and visitors, as well as the HARBOR may conduct video surveillance of any portion ivate areas of restrooms/bathrooms & showers, and that within and around SAFE HARBOR facilities and homes rity of people and property. I hereby give my consent to	video , and				
Signature of Participant	Date					
Signature of Parent/Guardian	Date					

AUTHORIZATION FOR IMMUNIZATION

Parent/ Legal Guardian Name(s)	
I, the biological parent(s) or legal guardian(s)* of	Child name (please print) Date of Birth
give permission to the immunization clinic, to complete all vaccines due at the time of visit unless specifically of	e the vaccine screening form, and to the administration of
* (Legal Guardianship requires written proof to be attached)	
This authorization is active until such time it is cancelled	ed in writing or a new updated authorization is received.
Authorized Signature:	Date/
Authorized Name (please print)	Date of Birth:/
Address:	Phone: ()
IF DECLINING, PLEASE INDICATE RATIONAL B	
Signature:	Date/
Name (please print)	Date of Birth:/

Conflict Behaviour Questionnaire — Parent father (check one). You are the teenager's mother You are filling this questionnaire out regarding your son daughter (check one), who is aged ___ years old. Think back over the last 2 weeks at home. The statements below have to do with you and your teenager. Read the statement, and then decide if you believe the statement is true. If it is true, tick the box marked true, and if you believe the statement is not true, tick the box marked false. For each item, please tick either true or false, but never both for the same item. Answer for yourself, without talking it over with your partner. 1. My teenager is easy to get along with. 2. My teenager is receptive to criticism. 3. My teenager is well behaved in our discussions. 4. For the most part, my teenager likes to talk to me. 5. We almost never seem to agree. 6. My teenager usually listens to what I tell him/her. 7. At least three time a week, we get angry at each other. 8. My teenager says that I have no consideration of his/her feelings. 9. My teenager and I compromise during arguments. 10. My teenager often doesn't do what I ask. 11. The talks we have are frustrating. 12. My teenager often seems angry at me. 13. My teenager acts impatient when I talk. 14. In general, I don't think we get along very well. 15. My teenager almost never understands my side of an argument. 16. My teenager and I have big argument about little things. 17. My teenager is defensive when I talk to him or her. 18. My teenager thinks my opinions don't count. 19. We argue a lot about rules. 20. My teenager tells me s/he thinks I am unfair.

Note. From Robin, A.L. & Foster, S.L. (1989) Negotiating parent-adolescent conflict: A behavioral-family systems approach. New York: Guilford Press. Reproduced with permission.

Conflict Behaviour Questionnaire — Adolescent to complete (for Mother)

Think back over the last 2 weeks at home. The statements below have to do with you and your mother. Read the statement, and then decide if you believe the statement is true. If it is true, tick the box marked true, and if you believe the statement is not true, tick the box marked false. For each item, please tick either true or false, but never both for the same item. Please answer all items. Your answers will not be shown to your parents if you don't want them to be. Please put the completed form in the envelope provided and give it to your parents to bring back to their next group session.

	True	False
1. My mum doesn't understand me.		
2. My mum and I sometimes end our arguments calmly.		M
3. My mum understands me.	13 P	
4. We almost never seem to agree.	70.2 1.2 3.3	20 8
5. I enjoy the talks we have.	oo o h	4. Fo
6. When I state my own opinion, she gets upset.	301 (1)	M A
7. At least three times a week, we get angry at each other.	nga ng din	AV A
8. My mother listens when I need someone to talk to.	nrh Da si	3A (1)
9. My mum is a good friend to me.	ope Top of	W 3
10. She says I have no consideration for her.	ani 78 77	
11. At least once a day, we get angry at each other.	egrapide	
12. My mother is bossy when we talk.	is ke we	an []
13. The talks we have are frustrating.	094 (18 B1	(2. 13)
14. My mum understands my point of view, even when she doesn't agree with me.		
15. My mum always seems to be complaining about me.		
16. In general, I don't think we get along very well.		
17. My mum screams a lot.		
18. My mum puts me down.		
19. If I run into problems, my mum helps me out.		av I
20. I enjoy spending time with my mother.		

Conflict Behaviour Questionnaire — Adolescent to complete (for Father)

Think back over the last 2 weeks at home. The statements below have to do with you and your father. Read the statement, and then decide if you believe the statement is true. If it is true, tick the box marked true, and if you believe the statement is not true, tick the box marked false. For each item, please tick either true or false, but never both for the same item. Your answers will not be shown to your parents if you don't want them to be. Please put the completed form in the envelope provided and give it to your parents to bring back to their next group session.

printed the parties of the control does not then	True	False
1. My dad doesn't understand me.		
2. My dad and I sometimes end our arguments calmly.		
3. My dad understands me.		
4. We almost never seem to agree.		
5. I enjoy the talks we have.		
6. When I state my own opinion, he gets upset.		
7. At least three times a week, we get angry at each other.		
8. My father listens when I need someone to talk to.		
9. My dad is a good friend to me.		
0. He says I have no consideration for him.		
1. At least once a day, we get angry at each other.		
2. My father is bossy when we talk.		
3. The talks we have are frustrating.		
 My dad understands my point of view, even when he doesn't agree with me. 		
5. My dad always seems to be complaining about me.		
6. In general, I don't think we get along very well.		
17. My dad screams a lot.		
8. My dad puts me down.		
19. If I run into problems, my dad helps me out.		
20. I enjoy spending time with my father.		

Roy C. Hayes III
Chief Judge
231-547-7243
Fax: 231-547-7264
circuitcourt@charlevoixcounty.org



Valerie K. Synder Presiding Family Division Judge 231-547-7214 Fax: 231-547-7256

STATE OF MICHIGAN Charlevoix County Probate / Family Court

PARENTAL AUTHORIZATION FOR CHILD TO ATTEND RELIGIOUS SERVICES

In Th	ne Matter Of:	dob:
atten	my understanding that foster parents d religious services as they may scheen se check specific boxes that apply and	
	while residing in a Charlevoix Co Secure Detention home.	HORIZE my child to attend religious services unty Probate/Family Court licensed foster or Non Other
	religious services while residing	NOT AUTHORIZE my child to attend in a Charlevoix County Probate/Family Court licensed or Non Secure Detention home.
Parer	nt/Guardian:Print Name	
Parer	nt/Guardian: Signature	Date:

HOME VISIT GUIDELINES

		parents at all times unless SAFE HAF	RBOR Staff and Probation Officer hav
	given prior approval.	hal and drug from	
	The family home must be alco	_	and hama visits
		neeting(s) when on overnight/week	
	•		on an overnight visit, they may leave
	_	ne on the FP phone if they do not an	
	Officer.	th friends without prior approval fro	JIII SAFE HARBOR and Probation
		to foster home without approval fr	om foster narents. Please no
		responsible for personal items.	om roster parents. Fredse no
		on of any medication. All medication	ons are to be kent locked up
	Medications are to be transfer	•	ons are to be repersoned up.
		ig medication to teen. (Any concern	s /auestions reaardina Rx
	administration <u>requires the pare</u>		-, queenene regaranng ra
	All information is to be commu		
	Teens are not to be in possess	on of any money.	
	Pick-ups and drop-offs of hom	e visits must be prompt and timely.	Any changes to the scheduled times
	requires adult contact. Drop-o	ffs must have adult-to-adult contac	t. (Contact required between foster
	parent and family)		
	Rules of probations still apply	when teens are on a home visit.	
	Any concerns during home visi	ts need to be shared with foster pa	rents or SAFE HARBOR Staff the
	same day that the teen return	s to the program.	
		isit, contact the foster parent or Ch on-call referee for Charlevoix Prob	arlevoix County Sheriff Department ate / Family Court be paged.
I have	read and understand that I will	be held accountable for these rules	S.
Teen S	ignature		Date
 Parent	(s) Signature		 Date

Safe Harbor Adolescent Recovery Program

RECOMMENDED ITEMS FOR FOSTER CARE YOUTH

The following items are the recommended personal items teens should bring while attending SAFE HARBOR.

Unless there is medical necessity for items other than what is listed here,

PLEASE LEAVE ANY ADDITIONAL ITEMS AT HOME!

GENERAL: 1 Casual Slacks

5 Jeans - no rips, tears, holes

2 Shorts (gym use)

2 Shorts (casual; fingertip length)

2 Sweaters / Sweatshirts (no hoodies allowed)

6 T-shirts (crew neck only; no tanks, spaghetti straps or V-necks)

2 Sneakers (1-gym / 1-casual outdoor use) 1 Belt – black/brown; no design; no cloth

2 Pajamas – separate from clothing worn during the school day

1 Bathing Suit (Female: 1 piece's only; Male: boxer short style)

2 Shorts (fingertip length)

12 Underwear (Females: no thongs)

3 Bras/ 3 Sport Bras

12 Pairs of matching socks

1 set of CLOTHES FOR COURT - Boys: bring tie

SEASONAL: BLACK long sleeve t-shirts (to wear under polos; NO GRAPHICS)

1 Light Coat

1 Heavy Coat

Snow / Ski pants (optional)

1 Winter Gloves

1 Winter Hat (NO BASEBALL CAPS)

1 Winter Boots (calf height)

Optional: Stamps & Stationary NOTE: No leggings

Drawing pad / colored pencils

1 Slippers (foster home ONLY)

1 Sandals (foster home ONLY; NO OPEN-TOED SHOES ALLOW AT SCHOOL)

Basic toiletries will be provided for youth. A teen may bring their own personal items (straighteners, curling irons, blow dryer), however, **no aerosol products are allowed** (ie. colognes, perfumes, body sprays, nail polish, nail polish remover), and **no products containing alcohol.**

No razors

No jewelry

Headphones are allowed for use in the classroom setting only and are required to be left at the school. They are **NOT** to be used for weekly home visits. Headphones are a privilege and not a necessity and may be revoked at any time.

Visitation Schedule

- **Week 1 -4:** Youth begins working in the program and completing various assessments. No visits during this time.
- **Week 5:** 4 hour visit with parent/ legal guardian; not to return to his/her home or community. The following criteria must be met:
 - 1. Achieve 75% overall on weekly progress report.
 - 2. All assessments completed by Treatment provider
 - 3. The youth displays stable behavior as evaluated by the counselor
- Week 6: Youth will continue to work within program. No visits scheduled.
- Week 7: Day visit with parent/ legal guardian; not to return to his/her home or community. The following criteria must be met:
 - 1. Achieve 80% overall on weekly progress report
 - 2. Must have successfully attended 4 hour visit
 - 3. Negative drug screen from previous visit, including nicotine.
 - 4. The youth displays stable behavior as evaluated by the counselor
- **Week 8:** No visits scheduled. The parent/guardian will be required to attend a family session. The following will be covered in the session:
 - 1. Youth's progress in treatment
 - 2. Youth's behavior during previous visits.
 - 3. A home Contract (Appendix 1) will be established to prepare for a home visit. Parents/guardians must attend this session prior to the youth receiving a home visit.
- Week 9: Overnight home visit. The following criteria must be met:
 - 1. Achieve 85% overall on weekly progress report.
 - 2. Home contract completed and signed.
 - 3. Negative drug screen from previous visit, including nicotine.
 - 4. Must have successfully completed day visit.
 - 5. The youth displays stable behavior as evaluated by the counselor
- Week 10 until program completion: Fri-Sun home visit. The following criteria must be met:
 - 1. Achieve a 90% overall on weekly progress reports
 - 2. Negative drug screen from previous week, including nicotine.
 - 3. Must have successfully completed overnight visit.
 - 3. The youth displays stable behavior as evaluated by the counselor

SAFE HARBOR Staff reserve the right to cancel any/or all visits if the youth is determined to be a risk to themselves or to the public. Any/all visits may be changed according to what is deemed to be in the best interest of the youth and/or parent.

Telephone Usage

Youth are allowed one call per week to their probation officer during the hours of 9am and 3pm, Monday through Friday. Calls are limited to 15 minutes. Days are by first letter of last name.

Mondays: A thru E Tuesday: F thru J Wednesday: K thru O Thursday: P thru T

Friday: U thru Z

Probation officers, case workers, attorneys may contact the program anytime between 9am and 3pm to speak with their youth.

Calls home are not allowed during school hours (incoming or outgoing) unless it is an emergency; defined by grave illness or death in the immediate family. These calls are reserved for the foster home. Youth may contact family up to three times per week for a maximum of 15 minutes. These calls are subject to speaker phone monitoring to ensure conversations remain appropriate.

Daily Schedule

Monday thru Friday

7:00am-7:30am

8:00am

Arrive Round Lake Education Center

8:00am-8:30am

Youth are picked up by county transit

Arrive Round Lake Education Center

Youth are checked in / breakfast

Morning group recovery session

9:30am-12:00pm

Academics

Lunch & clean-up

12:30pm-1:30pm Academics
1:30pm-2:00pm Gym/recess
2:00pm-3:00pm Academics

3:00pm-4:00pm Recovery group session

4:15pm Check-out and transit pickup back to foster home

- Individual sessions happen throughout the day
- Random drug testing throughout the week conducted by court staff

Saturday and Sunday

This time would be spent either on a scheduled home visit or with foster parents working on Life skills.